

Inner Beauty

SKIN CARE

122 N. 4th Street - Suite 2010
Lake Mary, FL 32746
www.innerbeautysc.com

PERSONAL INFORMATION

First Name: _____ Last Name: _____ Today's Date: ____/____/____

Address: _____ Date of Birth: ____/____/____

City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____ Occupation: _____

How do you agree to receive communication? (check which apply) ____ E-mail ____ Text

Which social media outlets are you on? ___ Facebook ___ Instagram ___ Twitter ___ LinkedIn ___ Pinterest

Who referred you to our clinic? _____

Have you ever had a facial treatment before? (If yes, when & what type) _____

Do you have any allergies to any foods, fruits, medications or other topical agents? ____ Yes ____ No

If yes, what type? _____

List all medications including prescriptions, over-the-counter or supplements (multivitamin, herbal, etc.)

What would you like to change regarding your skin?

SKIN HISTORY

Have you undergone any of the following in the last 2-6 months? (Check all that apply)

_____ Laser _____ Microdermabrasion _____ Chemical Peels _____ Cosmetic Surgery
_____ Facial Surgery _____ Facial Waxing _____ Botox _____ Collagen Injections

If yes, when & where on your body? _____

How would you describe your skin? (Check all that apply)

_____ Mature _____ Flaky _____ Red _____ Uneven Texture
_____ Rough _____ Acne _____ Large Pores _____ Normal
_____ Dry _____ Combination _____ Sensitive _____ Oily
_____ Sun Damaged _____ Dark Circles _____ Acne Scars _____ Under Eye Puffiness
_____ Wrinkles _____ Crows Feet _____ Discoloration _____ Rosacea

What is your current skin care regimen? (Check all that apply)

_____ Cleanser _____ Retin A _____ Retinol _____ Mask
_____ Toner _____ Differin _____ AHA _____ Soap & Water Only
_____ Moisturizer _____ Accutain _____ Exfoliation _____ Daily Sunblock

Do you currently use a mineral make-up? ____ Yes ____ No

If yes, what type? _____

Do you blush easily? ____ Yes ____ No

If yes, what are the contributing factors? (Ex: Emotions, Food, Temperature Change, etc) _____

Please check all of which you have experienced? ____ Scars ____ Welts ____ Bumps ____ Hives ____ Other

Have you ever had eczema or psoriasis? ____ Yes ____ No

SUN HISTORY

Do you sunbathe or use a tanning bed? ____ Yes ____ No

If yes, how often? _____

Do you burn easily? ____ Yes ____ No

What effect does sun have on your skin? ____ Burn ____ Breakout ____ Tan ____ Peel ____ Rash ____ Other

Do you have a personal or family history of skin cancer? ____ Yes ____ No

If yes, relationship to you? _____

When was your last sun checkup? _____

FEMALE CLIENTS ONLY

Are you pregnant? ____ Yes ____ No

Are you trying to get pregnant? ____ Yes ____ No

Are you menopausal? ____ Yes ____ No

Do you take oral contraceptives? ____ Yes ____ No

MALE CLIENTS ONLY

Have you experienced shaving irritation? ____ Yes ____ No

Do you have ingrown hair? ____ Yes ____ No

Current shaving system? ____ Wet ____ Electric

HEALTH HISTORY

Are you presently under the care of a dermatologist? ____ Yes ____ No

Have you undergone surgery in the past 9 months? ____ Yes ____ No

Have you undergone radiotherapy or chemotherapy for any type of cancer? ____ Yes ____ No

If yes, please specify type of cancer: _____

Do you exercise or play any sports? ____ Yes ____ No

Do you heal quickly? ____ Yes ____ No

Do you wear contact lenses? ____ Yes ____ No

Do you smoke? ____ Yes ____ No

If yes, stop smoking.

How many glasses of water do you drink a day? _____

Please check all that apply:

- | | | | |
|---------------------------|-------------------|----------------------|--------------------------|
| _____ Thyroid: Hyper | _____ Vertigo | _____ HIV | _____ Hormonal Imbalance |
| _____ Thyroid: Hypo | _____ Herpes | _____ Claustrophobia | |
| _____ High Blood Pressure | _____ Hepatitis B | _____ Mononucleosis | |
| _____ Low Blood Pressure | _____ Hepatitis C | _____ Tuberculosis | |

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CONSENT FOR FACIAL TREATMENT

I understand all questions asked on these forms, and I have answered truthfully and honestly to the best of my knowledge. I fully understand that the services offered are not a substitute for medical care and treatment. I am aware that individual results are dependent upon my age, skin conditions, and lifestyle. I agree to actively participate in following all appointment schedules and home care procedures to the best of my ability, so that I may obtain maximum results. In the event that I may have additional questions or concerns regarding my treatments or suggested home care routine, I will consult with my facial specialist immediately.

I release and hold harmless the skin care specialist, Mindy Black, and Inner Beauty SkinCare, Inc. from any liability for any and all adverse reactions, which may result from these treatments.

I have read and fully understand this policy.

Date: ____/____/____

Signature: _____

Print Name: _____

CANCELLATION POLICY

We require 24 hours notice if a client cannot keep the scheduled office appointment. This allows us to accommodate other clients. All clients who cancel appointments within fewer than 24 hours notice will be subject to a \$25 cancellation fee. We realize that occasionally 24 hours notice is not possible, so we will consider a one-time cancellation with no fee incurred.

Client initials _____