

Inner Beauty

SKIN CARE

122 N. 4th Street – Suite 2010
Lake Mary, FL 32746
www.innerbeautysc.com

PERSONAL INFORMATION

First Name: _____ Last Name: _____ Today's Date: ____/____/____

Address: _____ Date of Birth: ____/____/____

City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____ Occupation: _____

Have you had a spray tan before? ____ Yes ____ No

How frequently do you spray tan? _____

Have you read the spray tan prep form and agree to follow its instructions? ____ Yes ____ No

SPRAY TAN PREP

Before: 24 hours prior to your appointment: Exfoliate with a loofah or body polish. Be sure to shave or wax at least 8 hours before your spray tan. Avoid using oil-based products and Dove brand soaps, harsh bar soaps and most prescription anti-acne medication prior to and after your spray tan. Manicures and pedicures should be done prior to avoid exfoliation and fading of your tan.

Day of: Avoid lotions, perfumes, deodorant and makeup. A bikini or underwear and bra that you are comfortable in should be worn while you are being sprayed. Color *will* transfer so it's best to have loose fitting, dark clothing to wear after your spray.

After: You will experience a damp/tacky feeling and slight smell for the rest of the day. After 8-9 hours you can rinse off in the shower, only washing pits and parts. In the shower you will notice the top layer of color going down the drain (it will look like rusty water). When you get out your color will be significantly lighter than when you went in, but from that point on it continues to deepen. In the morning you will be left with the perfect shade.

Maintenance: Your color will last approximately 5-9 days, everyone's skin is different. To prolong the life of your spray tan, avoid water sports, salt water and exfoliation. During the fading process you may experience unevenness or blotchiness so be sure to stay moisturized to minimize this. When you are ready to remove the color use your loofah or body polish to exfoliate.

Shaving & Waxing: Use a sharp clean razor and an oil-free moisturizing lubricant when shaving. Dull razors shave off more of your skin and tan. Waxing will also dull you tan faster.

Products that may cause your tan to fade: Bar soaps; Dove brand soaps; Products containing mineral oil; Makeup remover; Facial masks and exfoliating scrubs; Biore-type facial strips and peel away masks; Toners that contain high amounts of alcohol or witch hazel; Curel brand lotions; Perfumes, body sprays and bug sprays when sprayed directly on skin.

CANCELLATION POLICY

We require 24 hours notice if a client cannot keep the scheduled office appointment. This allows us to accommodate other clients. All clients who cancel appointments within fewer than 24 hours notice will be subject to a \$25 cancellation fee. We realize that occasionally 24 hours notice is not possible, so we will consider a one-time cancellation with no fee incurred.

Signature: _____